



# WE NEED YOUR HELP TO FEED ORPHAN AND NEEDY CHILDREN AROUND THE WORLD!

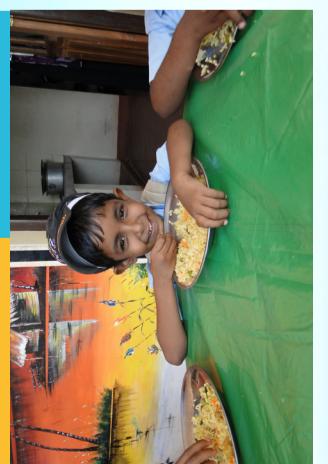
How your fundraising will help...

**Helps keep a child healthy for 1 month £10**

Helps support a child's nutritional needs for 1 year £120

Helps provide a whole classroom (30 children) with nutritious meals, vitamin supplements, health testing & treatments for 1 month £300

Helps support a classroom of pupils for 1 year £3600



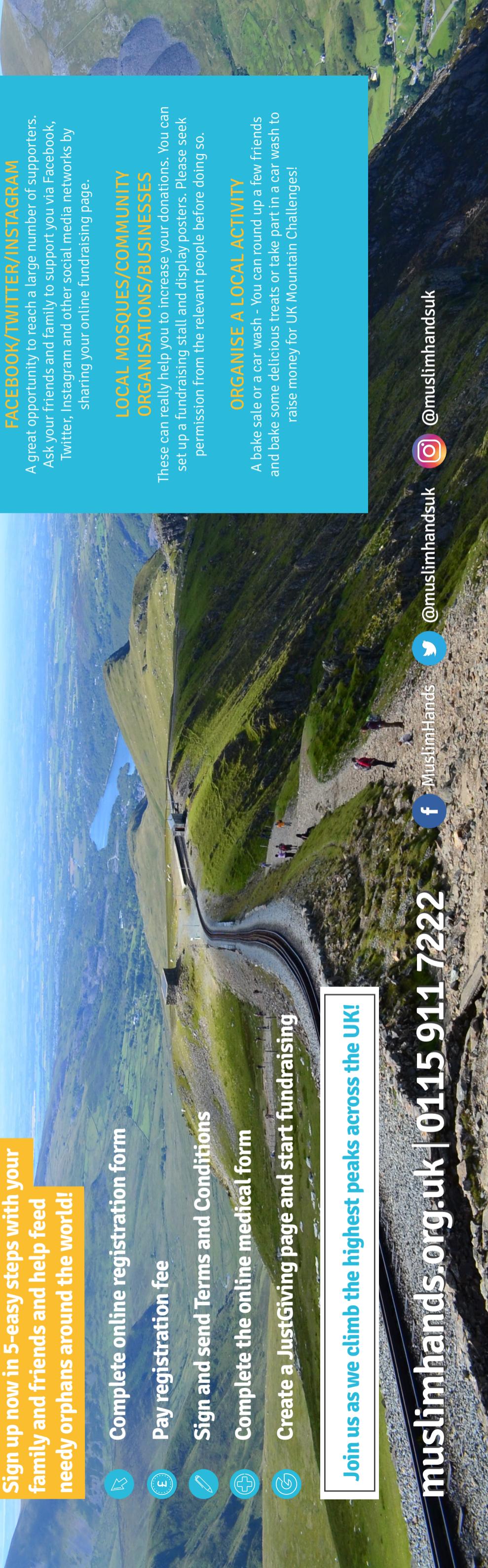
**Sign up now in 5-easy steps with your family and friends and help feed needy orphans around the world!**

- 1 Complete online registration form
- 2 Pay registration fee
- 3 Sign and send Terms and Conditions
- 4 Complete the online medical form
- 5 Create a JustGiving page and start fundraising

**Join us as we climb the highest peaks across the UK!**

**muslimhands.org.uk | 0115 911 7222**

**@muslimhandsuk**



## FUNDRAISING TIPS

### SET UP A JUSTGIVING PAGE

visit [www.justgiving.com/muslimhands](http://www.justgiving.com/muslimhands)

- click on 'Fundraise for us'
- click on 'Organised event'
- select your challenge.

### EMAIL/PHONE/TEXT/WHATSAPP

Contact everyone you know and tell them why you are raising funds for 'Orphan and Needy children around the world' and be sure to give them the web address of your JustGiving page.

### FACEBOOK/TWITTER/INSTAGRAM

A great opportunity to reach a large number of supporters. Ask your friends and family to support you via Facebook, Twitter, Instagram and other social media networks by sharing your online fundraising page.

### LOCAL MOSQUES/COMMUNITY ORGANISATIONS/BUSINESSES

These can really help you to increase your donations. You can set up a fundraising stall and display posters. Please seek permission from the relevant people before doing so.

### ORGANISE A LOCAL ACTIVITY

A bake sale or a car wash - You can round up a few friends and bake some delicious treats or take part in a car wash to raise money for UK Mountain Challenges!

# Sponsor me

# HELP ME RAISE

£

# Your Details

Please use BLOCK CAPITALS to fill in your full name and address

Name: ..... Address: .....

Post Code: .....

I confirm I would like Muslim Hands to treat this donation, all donations I have made within the last four years prior to this and all donations I make from the date of this declaration until I notify Muslim Hands otherwise, as Gift Aid donations. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Club (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand Muslim Hands will reclaim 25p of tax on every £1 that I give or have given. Please note that Gift Aid income is used towards the costs of the charity and/or the Where Most Needed Fund. (Note: You must have paid an amount of income tax and/or capital gains tax to least equal to the tax that we claim from your donation in the tax year you make the donation).

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